

InBody 570

InBody 570

Advanced Analysis

The InBody 570 goes beyond traditional body composition analysis. It not only analyzes how much fat and muscle you have, but it also measures your **Total Body Water** and divides it into **Intracellular Water and Extracellular Water**- values important for understanding a user's fluid distribution in medical, wellness, or fitness contexts.

With these water values, you can begin to identify and track inflammation, swelling, and even injuries with **ECW/TBW Analysis** while monitoring how this ratio changes over time under the **Body Composition History** chart.

Features



NO ESTIMATIONS Only impedance is used to calculate your results; no statistical data needed

- **45 SECONDS** Take a quick and easy body composition test
- •

HISTORY Track progress with the body composition history chart on the results sheet

LEAN MASS See lean mass values for each body segment in pounds

BODY WATER

Divides Total Body Water into Intracellular Water and Extracellular Water

BODY FAT Provides segmental fat and visceral fat analysis

Sample InBody 570 Results Sheet

ID Jane Doe	Height 5ft.07.	0in. Age	10000	0000000 00		te / Time 2015 07	:52	SEE WHAT YOU'RE MADE OF
Body Compositi	on Analys	sis						
	Values	Total Boo	y Water	Lean Bo	dy Mas	s W	eight	
Intracellular Water (Ibs)	57.1	93.	3	127.4				Body Fat - Lean Body Mass Control Body Fat Mass - 28.7 lbs
Extracellular Water (Ibs)	36.2						94.2	Lean Body Mass + 0.0 lbs
Dry Lean Mass (lbs)	34.2						94.2	(+) means to gain fat/lean (-) means to lose fat/lea
Body Fat Mass (lbs)	66.8							Segmental Fat Analysis
Muscle-Fat Ana	lysis							▼ − ▲ Right Arm (5.1 lbs) → 221.59
		ļ —		1	-	1 1		Left Arm (5.1 lbs) 224.8% Trunk (33.1 lbs) 262.0
Weight (lbs)	55 70	85 100	115 130	¹⁴⁵	4.2	175 190	205 %	Right Leg (10.4 lbs) 160.4%
SMM (lbs)	70 80	90 100	10 120	69.9	140	150 160	170 %	Left Leg (10.4 lbs) 179.79
Body Fat Mass (lbs)	40 60	80 100	160 220	280	340 O	400 460	520 %	Basal Metabolic Rate
•				66	.0			1619 kcal
Obesity Analysi	5						_	Visceral Fat Level
BMI Body Mass Index (kg/m ²)	10.0 15.0	18.5 21.0	25.0 30.0		40.0	45.0 50.0	55.0	Level 13
PBF (%)	8.0 13.0	18.0 23.0 :	28.0 33.0		43.0	48.0 53.0	58.0	Results Interpretation
Segmental Lean	Analysis			- 5 1.5				Obesity Analysis BMI is an index used to determine obesity I
Segmental Lean	Analysis				-			using height and weight. PBF is the percentage of body fat compared to body weight.
Right Arm (lbs)	40 60	80 100	20 140 6.	160 75	180	200 220	240 %	Segmental Lean Analysis
(%)	40 60	80 100	120.5		180	200 220	240 %	Evaluates whether the muscles are adequate
Left Arm (lbs) (%)			120 140 6.5 117.7	9				developed in the body. In each segment, the to bar shows the comparison of muscle mass
Trunk (lbs) (%)	70 80	90 100	110 120 107.6	• 54.0	140	150 160	170 %	ideal weight and the bottom bar shows that of th current weight.
Right Leg (bs) (%)	70 s'o		110 120	10.07	140	150 160	170 %	Body Water Analysis
Left Leg (bs) (%)	70 80	90 100	113 110 120	130 20.02	140	150 160	170 %	ECW/TBW is the ratio of Extracellular Water Total Body Water, which is an important indicat whether the body water is balanced.
ECW/TBW Ana	lysis							Visceral Fat Level Visceral Fat Level is an indicator based on the
	0.320 0.340	0.360 0.380 0	.390 0.40	0 0.410	0.420	0.430 0.44	0.450	estimated amount of fat surrounding intern
ECW/TBW	0.320 0.340	0.380 0.380 0			0.420	0,430 0,44	0.450	organs in the abdomen. Maintain a Visceral F Level under 10 to stay healthy.
Body Compositi	on Histor	У						Results Interpretation QR Code
Weight (lbs)	199.2 19	8.7 198.1	197.4	198.3	197.2	2 196.0	194.2	Scan the QR Code to see results interpretation in more detail.
SMM (lbs)	72.3 70	8 70.2	70.2	70.5	70.2	70.5	69.9	Impedance
Skeletal Muscle Mass	36.2 36	-	35.3	35.8	35.4	34.6	-	RA LA TR RL LL \mathbf{Z} (Ω) 5kHz 343.3 351.9 19.6 216.3 213.8
PBF (%) Percent Body Fat				•	55.4	•	34.3	50kHz 307.0 315.2 17.0 195.4 192.7
ECW/TBW	0.387 0.3	90 0.385	0.385	0.389	0.38	5 0.390	0.389	500kHz 268.7 277.8 12.7 175.0 171.2
☑ Recent □ Total	05.18.15 05.2	8 15 06 05 15	06 13 15	06.22.15	07.01.1	5 07.10.15	07.18.15	

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Frequencies 5, 50, 500 kHz

Test Duration 45 seconds

Dimensions

20.6 x 35.2 x 43.8 (L x W x H) : in

Equipment Weight 52.9 lbs

Database 100,000 results (if member ID is utilized)

Warranty 1 Year Manufacturer's Warranty

Weight Range 22-551 lbs

Age Range

3-99 years

Height Range 3 ft 1.4 in-7 ft 2.6 in

Compatible Printers Laser/Inkjet PCL 3 or above, SPL

Measurements

15 impedance measurements 3 frequencies at each of the 5 segments (Right Arm, Left Arm, Trunk, Right Leg, Left Leg)

Additional Features

Lookin'Body 120 and Lookin'Body Web Compatible, Touchscreen, Voice Guidance System, Wi-Fi/Bluetooth Connectivity, Security Access Code

Accessories

InBody Results Sheets, USB Thumb Drive, InBody Tissues, Poster, Laser Printer

Outputs

Standard outputs Weight, Total Body Water, Dry Lean Mass, Lean Body Mass, Body Fat Mass, Skeletal Muscle Mass, Body Mass Index, Percent Body Fat, Segmental Lean Analysis, Body Compostion History, Intracellular Water, Extracellular Water,

ECW/TBW Analysis Additional outputs

Body Fat-Lean Body Mass Control, Basal Metabolic Rate, Segmental Impedance at each frequency, Visceral Fat level, Segmental Fat Analysis, Skeletal Muscle Index, InBody Score, Arm Circumference